

Form 90 Best Practice

Practices

Workers' Compensation

Related Attorneys

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Per North Carolina Rule 903(a) "A self-insured employer, carrier, or third-party administrator may require the employee who has filed a claim and is receiving wage loss benefits under N.C.G.S. § 97-29 or N.C.G.S. § 97-30 to complete a [Form 90](#) Report of Earnings when reasonably necessary but not more than once every six months."

The best practice is filing a Form 90 every 6 months in any accepted claim where TTD or TPD is being paid.

The [Form 90](#) mandates that the employee verify that they are not receiving earnings from work and/or working for a business or any individual during the time they have been paid indemnity benefits.

If you have questions regarding this Practice Pointer or are interested in a 1-hour NC DOI approved CE on form filing for your group, please contact a Hedrick Gardner attorney.